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(15 May 1934–31 December 2020)

Dr Tulsidas Chugh Recognition of Academic Excellence Award

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- Department of H & FW, UP & Bihar
- Public Health Staff
- Subjects and their families



Community Acquired Pneumonia in Children

- **Definition:** WHO CAP in children under 5 years : coughing or difficult breathing, fast breathing, with or without fever.
- **Severe Pneumonia Classification:** Cough/difficulty breathing *plus* any general danger sign: unable to drink/breastfeed, vomiting everything, convulsing, lethargy/unconsciousness, or stridor in a calm child.
- **Etiology:** Mainly bacterial (*Streptococcus pneumoniae*, *Haemophilus influenzae* type b) or viral (Respiratory Syncytial Virus - RSV).

Fast Breathing Criteria (WHO)

- **< 2 months:** 60 breaths/min or more.
- **2-11 months:** 50 breaths/min or more.
- **1-5 years:** 40 breaths/min or more.
- The diagnosis is primarily clinical, focusing on identifying those who need immediate antibiotic treatment

14 CAP deaths/Hr

Burden and Risk Factors

- **High Incidence and Mortality:** Pneumonia causes nearly 15%-17.57.5% of all under-five deaths in India – annually approx. 170,000 deaths- 17-20% global burden
- **Childhood Pneumonia Cases:** Approximately 3.6 to 4.0 million episodes of childhood pneumonia are reported annually.
- **Mortality Rate:** CFR in hospitalized, severe cases ranges from 14%–30%.
- **Key Risk Factors:** Increasing vulnerability include low birth weight, malnutrition, poor air quality (indoor smoke), inadequate immunization, lack of exclusive breastfeeding, and delayed care-seeking.

Reasons for Decline in CAP Burden

- Since Year 2000- 54% decline due to
 - introduction of pneumococcal conjugate (PCV) and Hib vaccines
 - improved nutritional status
 - early recognition of disease
 - increased access to early antibiotic treatment
 - reduced household air pollution through government initiatives

Treatment of CAP

DIAGNOSTIC ALGORITHM

Child age 2-59 months with cough and/or difficult breathing.

RED FLAG SIGNS

Irregular or gasping respiration, cold extremities, altered sensorium, cyanosis.

Cough and cold, no breathing difficulty.

Fast breathing (2-12 months >50; 1-5 years >40; >5 years >20) and/or chest indrawing oxygen saturation >92%.

Fast breathing (2-12 months >50; 1-5 years >40 ; >5 years >20) and/or chest indrawing with any of the general danger signs (not able to drink, persistent vomiting, convulsions, lethargic or unconscious, stridor in a calm child or severe malnutrition).

NO PNEUMONIA

PNEUMONIA

SEVERE PNEUMONIA

Home care advice.

Ambulatory treatment with oral Amoxicillin and follow up.

No red flag signs

Admit or refer to a facility with following: oxygen by mask or hood, pulse oxymeter, IV fluids, oxygen, clinical supervision, X ray film (desirable).

Red flag signs positive

Admit or refer to facility with following: Appropriate: ventilation facility, ICU, round the clock monitoring
If plan to refer: Give first dose of antibiotics, arrange transport and inform to the referral centre.

INVESTIGATIONS

ESSENTIAL:

Hemogram, random blood sugar, CRP, chest X-ray.

DESIRABLE: Blood culture, pleural tap, serum electrolytes, renal and liver function tests.

OPTIONAL: ABC, lung ultrasound, PCT, tracheal aspirate (gram stain with

TREATMENT

OXYGEN INHALATION: by mask (1-2 L/min) or hood (4-6 L/Minute) to maintain oxygen saturation > 95%.

IV ANTIBIOTICS:

- **For children 2-59 months:** Ampicillin 100-200mg/kg in four divided doses + Gentamicin 5-7.5 mg/kg as single dose daily.
- **For children >5 years:** Ampicillin/Amoxicillin, add macrolide (Azythromycin/Erythromycin) if atypical pneumonia is suspected.
- If suspected Staphylococcal pneumonia in any age (Pneumatocele on CXR, post measles, infected scabies or pyoderma) add Cloxacillin/Amoxiclavulanic acid.

SUPPORTIVE CARE: Paracetamol for fever, IV fluid, bronchodilators (inhaled) as needed.

WHEN AND WHAT TO SWITCH TO ORAL AND DURATION:

COMPLICATIONS AND THEIR TREATMENT

NON RESPONDERS: persistence of symptoms and/or signs 48-72 hours after initiation of appropriate treatment-change antimicrobials.

PLEURAL EFFUSION: diagnostic aspiration.

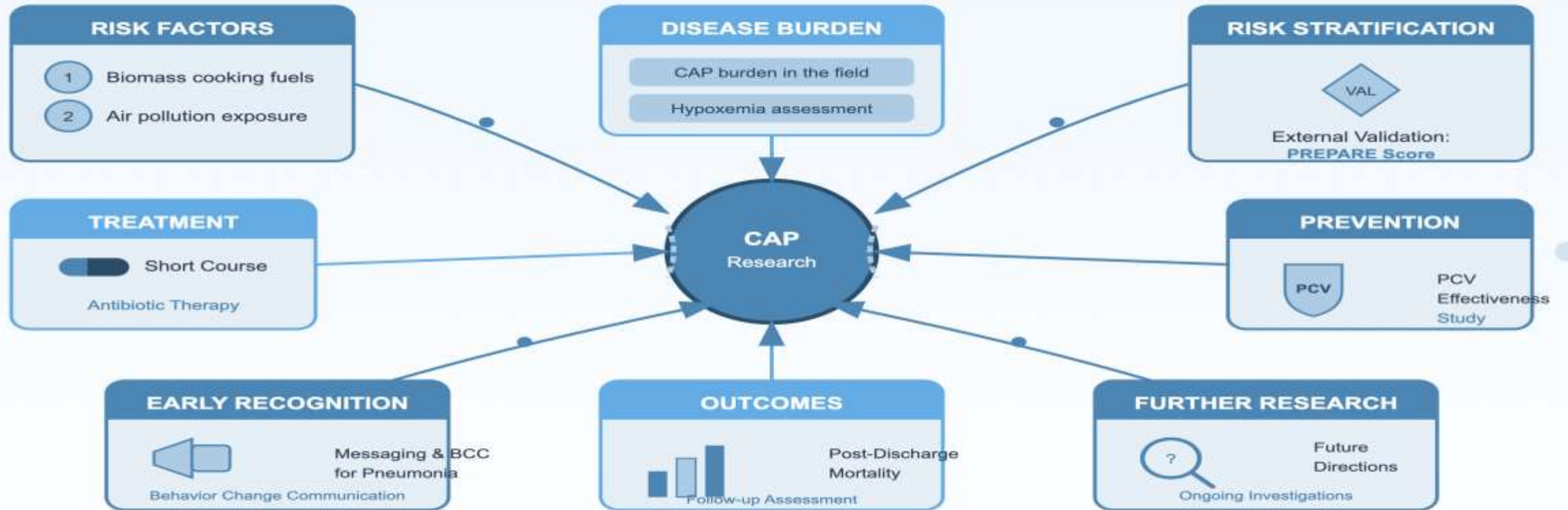
EMPYEMA: drainage with ICD.

LUNG ABSCESS: change antibiotics for longer duration (4-6 weeks)

My Areas of Work in CAP (From 1990s till date)

Community-Acquired Pneumonia (CAP) Research Framework

Comprehensive Analysis: Risk Factors, Treatment, Prevention & Outcomes



Research Domains: ■ Risk Assessment ■ Clinical Management ■ Prevention Strategies ■ Outcomes & Future Work

Awasthi S, *et al.* Effect of cooking fuels on respiratory diseases in preschool children in Lucknow, India. *Am J Trop Med Hyg.* 1996;55(1):48-51.
doi:10.4269/ajtmh.1996.55.48



Cooking Fuels & Respiratory Disease Risk

Study of Preschool Children in Urban Poor Neighborhoods, Lucknow, India

n = 650 children < 5 years | 28 neighborhoods | Cross-sectional study

BACKGROUND & PROBLEM



Indoor air pollution from cooking fuels affects health



Urban poor communities rely on biomass fuels



Limited data on specific fuel types & child health

Children <5 most vulnerable

METHODS & APPROACH



Cross-sectional study
Mother interviews



Respiratory disease by observation (5 symptoms)



Multiple logistic regression (adj. ORs)

Symptoms: cough, runny nose, sore throat, breathlessness, noisy respiration

KEY RESULTS



Point prevalence of respiratory disease

Cooking Fuels Used:



Dung = cow/buffalo dung + straw

SIGNIFICANT RISK FACTORS

1

Dung Cake Fuel Use

Adjusted OR = 2.69
95% CI: 1.37-5.31, P = 0.004

2

Bedroom Overcrowding

Adjusted OR = 1.25 per person
95% CI: 1.11-1.41, P = 0.001

IMPLICATIONS & RECOMMENDATIONS

Not Associated:

- Age
- Weight / Gender
- Family income
- Household structure



Modify Oven Design
or Install Chimneys

Reduce indoor smoke exposure



Reduce Bedroom Overcrowding

Fewer people sleeping together where feasible

PUBLIC HEALTH IMPACT

Targeted interventions can reduce respiratory disease in children

ISCAP Study Group. 3- versus 5-day treatment with amoxicillin for non-severe pneumonia in young children: a multi-centre randomized trial. Shally Awasthi, ISCAP study group. *British Medical Journal*. 2004; 328(7443):791



(*Shally Awasthi* is the coordinator and guarantor)

Background in 2000

- Acute respiratory infections accounted for about 2.1 million deaths annually in children younger than 5 years (1999-2001).
- Since most cases of community acquired pneumonia are due to *Haemophilus influenzae* and *Streptococcus pneumoniae*, co-trimoxazole, penicillin, ampicillin, and amoxicillin have been recommended for control programmes
- ✓ A trial of oral co-trimoxazole in Bangladeshi children reported that three days of treatment cured 75% of cases of nonsevere pneumonia with no subsequent treatment.

3-Day vs 5-Day Amoxicillin for Pediatric Pneumonia

Randomised, Double-Blind, Placebo-Controlled Multicentre Trial | 7 Referral Hospitals in India

BACKGROUND & PROBLEM



Non-severe pneumonia in children 2-59 months



Standard 5-day treatment: Is shorter duration equally effective?



Objective: Compare 3-day vs 5-day oral amoxicillin

METHODS & APPROACH

Study Population
2,188 Children

Age: 2-59 months

3-Day Group
n = 1,095

5-Day Group
n = 1,093



Amoxicillin 31-54 mg/kg/day

KEY RESULTS

3-Day Cure

89.5%

5-Day Cure

89.9%

≈

Difference: 0.4% (95% CI: -2.1 to 3.0)

Treatment Adherence

3-Day: 94% | 5-Day: 85%

SAFETY & RISK FACTORS

Deaths

0

Hospital

41

Adverse Rx

36

Risk Factors

RSV: OR 1.95

High RR: OR 2.89

Non-adhere: OR 11.57

CONCLUSIONS & IMPLICATIONS



Key Finding:

3-day treatment is equally effective as 5-day treatment

Clinical Impact

- Reduced antibiotic use
- Better adherence (94%)
- Lower resistance risk

Outcome Rates

Clinical Failure: 10.3%

Relapse: 5.3%

Loss to Follow-up: 5.4%

MAIN TAKEAWAY

Shorter 3-day amoxicillin treatment is non-inferior to standard 5-day course for non-severe pediatric pneumonia

Awasthi S, Nichter M, Verma T, *et al.* Revisiting community case management of childhood pneumonia: perceptions of caregivers and grass root health providers in Uttar Pradesh and Bihar, northern India. *PLoS One*. 2015;10(4):e0123135. Published 2015 Apr 21. doi:10.1371/journal.pone.0123135



Treatment Delay for Community-Acquired Pneumonia

Qualitative Study in Rural India | Under-Five Children

CAP: Leading cause of under-5 mortality globally

BACKGROUND & PROBLEM

- ! ~25% of global CAP deaths occur in India
- ? Treatment delays in rural communities
- ⚡ Care-seeking barriers poorly understood

METHODS & APPROACH

Sept 2013 - Jan 2014 | Two States

30 Case Studies 43 Key Informant 42 Semi-Struct. 42 FGDs

Participants:

Parents | CHWs | Rural Medical Practitioners

Video presentations + Case scenarios

KEY FINDINGS

- ✗ Poor recognition of danger signs
Fast breathing not commonly recognized
- ! Chest in-drawing recognized but not monitored by removing clothing
- ➡ Mild/moderate CAP → RMP first
Severe cases → Private clinics in towns
- ⏸ ~1 week delay to public hospital
2-3 providers seen before arrival
Gov't facilities deemed poor quality

CARE-SEEKING PATHWAY & DECISION MAKING

Symptom Onset

Mother Consults RMP

Family Decision
Husband/
Mother-in-law

Private Clinic

Public Hospital

~1 WEEK DELAY

DECISION-MAKING BARRIERS

- ♀ Mothers: Direct RMP access only
- 🏠 Outside village: Family approval

CONCLUSIONS & RECOMMENDATIONS

1

Improve Danger Sign Recognition

Educate caregivers on fast breathing & consequences of treatment delay

2

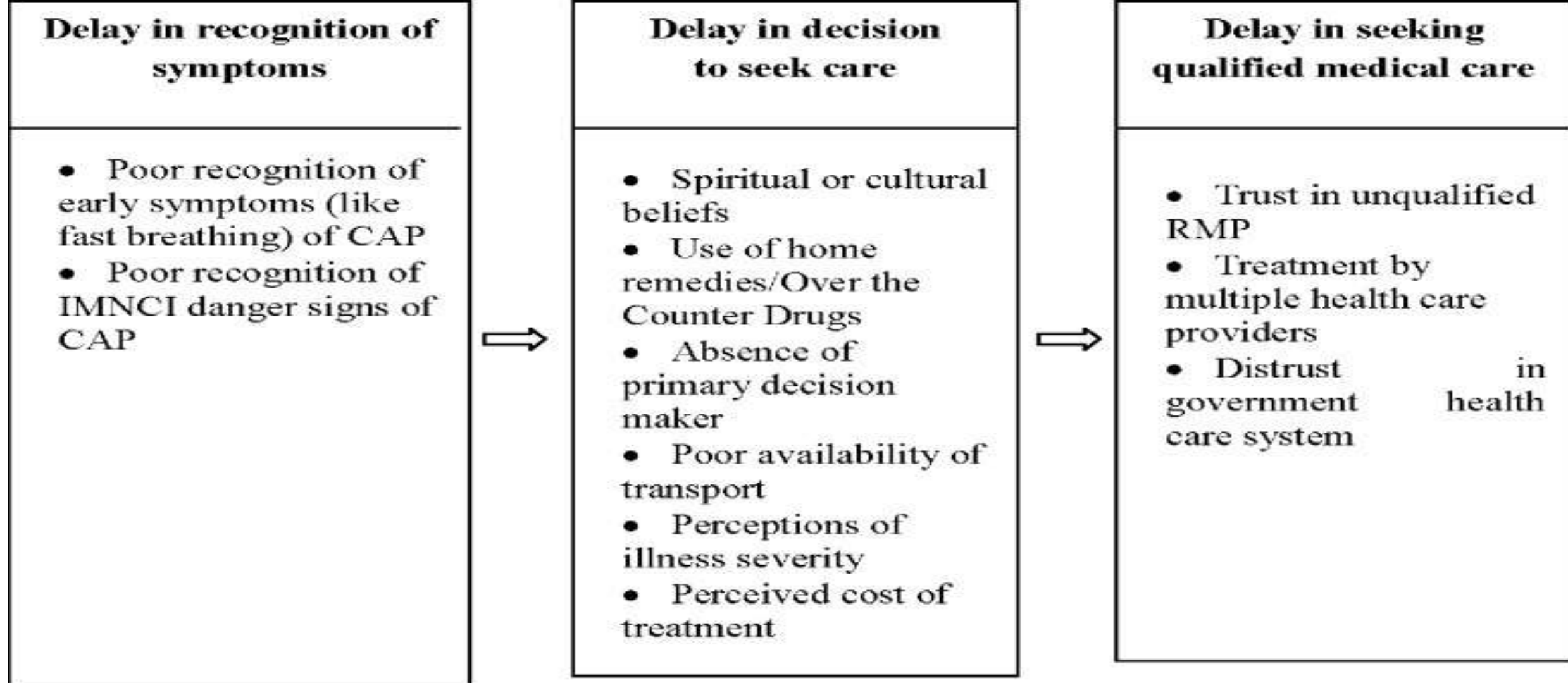
Strengthen Gov't Facilities

Increase caregiver confidence in public healthcare quality

3

Engage Rural Practitioners

Investigate RMP involvement in community-based CAP programs



Abbreviations: CAP=Community-acquired pneumonia; IMNCI=Integrated Management of Neonatal & Childhood Illnesses (IMNCI); RMP= Rural Medical Practitioner

Source: Adapted from Thaddeus S, Maine D (1994) Too far to walk: maternal mortality in context. Soc Sci Med. 38(8):1091-110.

Awasthi S *et al.* Effectiveness of various communication strategies for improving childhood pneumonia case management: a community based behavioral open labeled trial in rural Lucknow, Uttar Pradesh, India. BMC Public Health. 2019 Dec;19(1):1721.



Posters

Three posters in Hindi. The first poster lists symptoms like cough, fever, and chest pain. The second poster shows a doctor talking to a woman. The third poster shows a doctor talking to a family with a child. Each poster has a red banner at the bottom with the phone number 102/108.

1. 102/108
2. 102/108
3. 102/108



Community Pneumonia Awareness Intervention Study

Behavior Change Communication for Under-5 Pneumonia Care Seeking

Rural Lucknow, India | October 2015 - September 2018 | 2x2 Factorial Design

! BACKGROUND & PROBLEM

16% Under-5 mortality from pneumonia in India

Delayed recognition of symptoms by caregivers

Low qualified care seeking from government system

GOAL: Improve care seeking through

☰ METHODS & APPROACH

Study Design

2x2 Factorial Trial
8 Rural Blocks
Community-based

Interventions

Village-based Sessions
Facility-based Sessions
Monthly by CHWs

Validated IEC Materials + Drug Kits

Amoxicillin + Paracetamol + Instructions + Danger Signs

Infrastructure Strengthening

Public health facilities equipped for optimal care

▲ RESULTS & FINDINGS

Intervention Adherence

Facility-based
93.0%
(279/300)

Village-based
73.4%
(7638/10410)

Care Seeking Improvement

Village-based: **+79.3%** from 3.3% $p<0.0001$
Baseline: 14/420 cases at govt facilities

Facility-based: **+68.9%** from 5.35% $p=0.02$
Baseline: 21/392 cases at govt facilities

▲ IMPLICATIONS & CONCLUSIONS

Key Finding

Structured pneumonia awareness sessions using validated IEC materials at village level + infrastructure
→ **Improved qualified care seeking from govt facilities**

Public Health Impact

◆ Potential to reduce under-5 pneumonia deaths

Future Directions

← Scale-up to other rural districts in India

STUDY TIMELINE: October 2015 - September 2018 (3 Years)

Start

Intervention

End

Rural Lucknow
Northern India

Community-Based
Open-Label Behavioral Trial

Target: Under-5 Children
Caregivers & CHWs

Trained CHWs
Monthly Sessions

Significant
 $p<0.05$

Awasthi S *et al.* Effectiveness of 13-valent pneumococcal conjugate vaccine on radiological primary end-point pneumonia among cases of severe community acquired pneumonia in children: A prospective multi-site hospital-based test-negative study in Northern India. *PLoS One*. 2022 Dec 15;17(12):e0276911. doi: 10.1371/journal.pone.0276911. PMID: 36520841; PMCID: PMC9754232.



PCV13 Vaccine Effectiveness Against Pneumonia

Hospital-based Surveillance Study in Northern India (2017-2020)

Children aged 2-23 months with Severe Community Acquired Pneumonia

BACKGROUND & PROBLEM



S. pneumoniae: Leading bacterial cause of CAP



PEP±I on chest X-ray indicates pneumococcal CAP



PCV13 introduced in India national program since 2017



Research Question:
Does PCV13 reduce PEP±I?

METHODS & APPROACH

Study Design

Prospective surveillance
3 districts, N. India
May 2017 - March 2020

Population

Age: 2-23 months
Severe CAP (WHO)
n = 2,658 subjects

Exposure

≥2 doses PCV13
From immunization card

Outcome

PEP±I on CXR
3 blinded radiologists

Analysis: Conditional Logistic Regression

KEY RESULTS

Total Enrolled

2,658
subjects

PCV13 Exposed

22.0%
(586/2658)

Vaccine Effectiveness

33.0%
(95% CI: 15.0 - 48.0)

Adjusted OR

0.74

(CI: 0.58-0.95)

Mortality OR

3.86

PEP±I vs no (p<0.001)

IMPLICATIONS & CONCLUSIONS

1

Significant Protection

≥2 doses PCV13 significantly reduced odds of PEP±I in severe CAP cases

2

Mortality Impact

PEP±I associated with 3.86x higher odds of hospital mortality (p<0.001)

!

Policy Recommendation

Country-wide PCV13 coverage is essential on priority to reduce pneumonia mortality

STUDY FLOW SUMMARY

Severe CAP
n=2,658

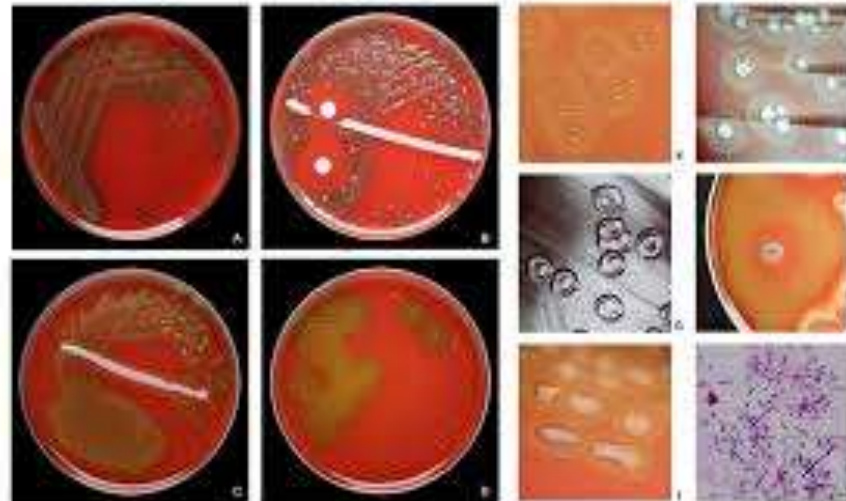
PCV13 Exposed
586 (22%)
≥2 doses

PEP±I Cases
555 (20.9%)
total with PEP±I

Exposed with PEP±I
94 (16.9%)
of exposed group

Vaccine Effectiveness
33% (aOR 0.74)
p<0.05

Verma N, Gupta P, Pandey AK, Awasthi S. Nasopharyngeal carriage of *Streptococcus pneumoniae* serotypes among sick and healthy children in northern India: A case-control study. *Vaccine*. 2023 Oct 20;41(44):6619-6624. doi: 10.1016/j.vaccine.2023.09.029. Epub 2023 Sep 26. PMID: 37758571; PMCID: PMC10663590



S. pneumoniae in Pediatric Community Acquired Pneumonia

Case-Control Study in Children 2-59 Months | Northern India | 2017-2022

N = 2,693 Children (1,910 Cases, 783 Controls)

BACKGROUND & PROBLEM



S. pneumoniae: Leading bacterial cause of CAP



WHO: 14% child deaths globally attributed



Effective vaccine exists
Coverage needs assessment

Objective: Isolate & serotype S. pneumoniae

METHODS & APPROACH



Case-Control Study
Tertiary Teaching Institutes



Nasopharyngeal Swabs
WHO-defined CAP criteria



5% Sheep Blood Agar
Quellung Reaction Serotyping

March 2017 — December 2022 (5+ years)

KEY RESULTS

CASES

n = 1,910

8.1%

S. pneumoniae +
56.8% vaccine types

CONTROLS

n = 783

23.6%

S. pneumoniae +
37.8% vaccine types

KEY STATISTICAL FINDING

Adjusted OR: 1.77

(95% CI: 1.09 - 2.88)

Vaccine serotypes in cases vs controls

CONCLUSIONS & IMPLICATIONS

1

Paradoxical Finding

Lower S. pneumoniae isolation in cases vs controls (8.1% vs 23.6%) - prior antibiotics effect

2

Vaccine Serotype Association

Higher vaccine serotype colonization in CAP cases (56.8%) compared to healthy controls (37.8%)

3

Policy Recommendation

Pneumococcal vaccine coverage must be increased to prevent community acquired pneumonia

STUDY POPULATION



Cases: 1,910
Median: 7 months

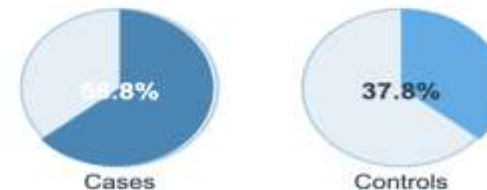


Controls: 783
Median: 10 months

S. PNEUMONIAE POSITIVITY



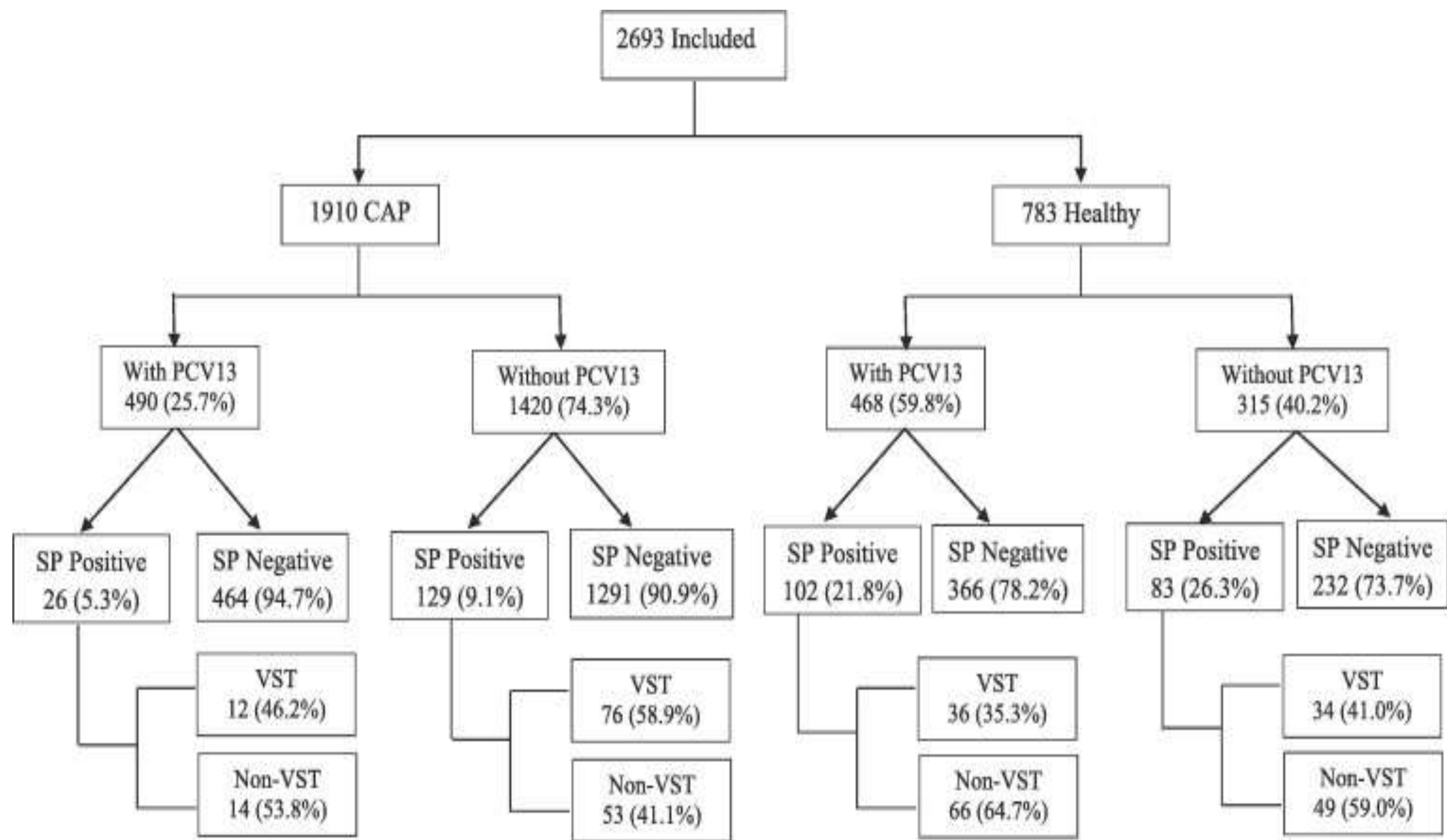
VACCINE SEROTYPES



KEY MESSAGE

Increase pneumococcal vaccine coverage to prevent CAP in children

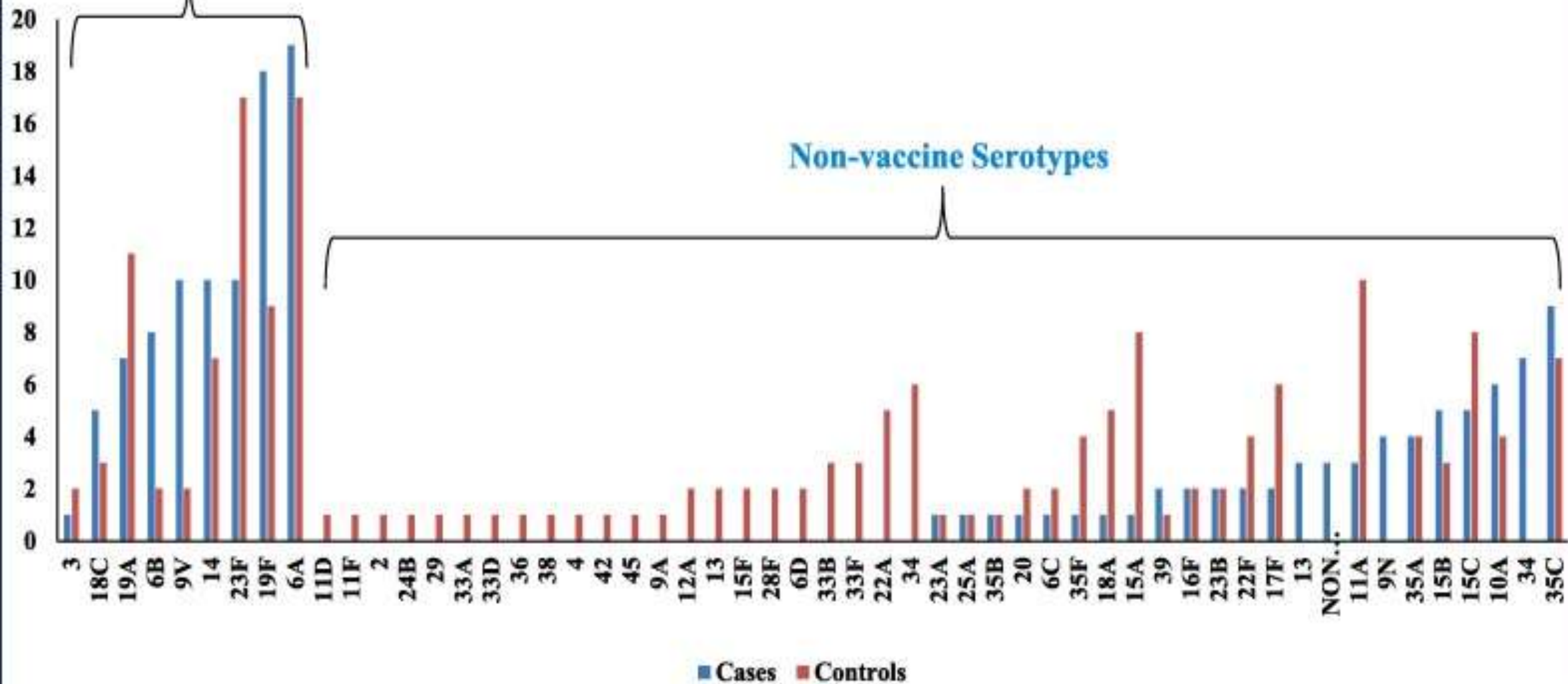
*Almost all cases received antibiotics prior to hospitalization



Streptococcus pneumoniae serotypes

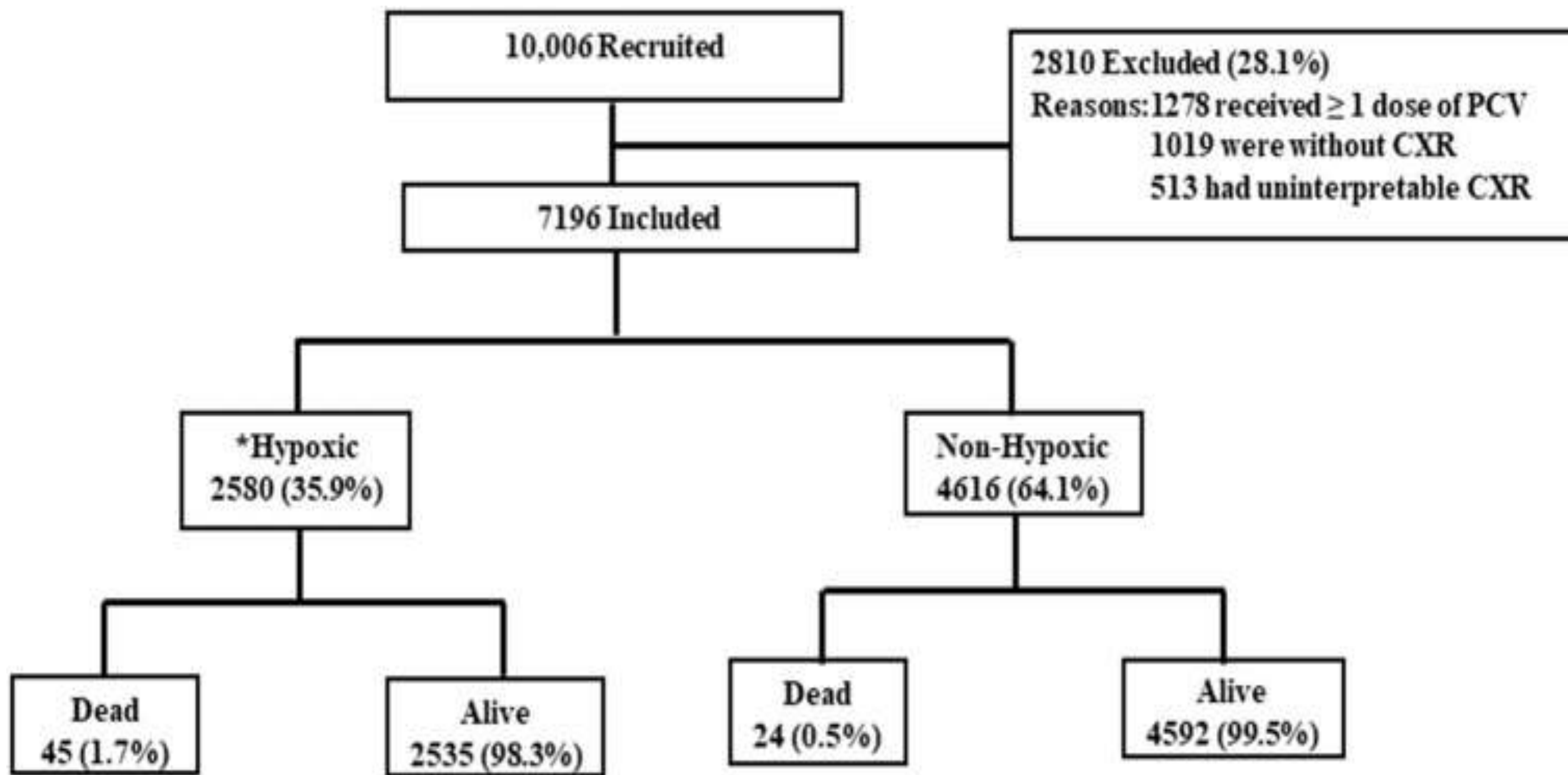
Vaccine Serotypes

Non-vaccine Serotypes



Awasthi S *et al.* Epidemiology of Hypoxic Community-Acquired Pneumonia in Children Under 5 Years of Age: An Observational Study in Northern India. *Front Pediatr.* 2022 Feb 9;9:790109. doi: 10.3389/fped.2021.790109.





Hypoxic Community-Acquired Pneumonia

in Children Aged 2-59 Months in Northern India

Prospective Observational Study | Jan 2015 - Apr 2021 | Four Districts

BACKGROUND & PROBLEM

- CAP: Leading cause of under-5 mortality in India
- Hypoxic pneumonia linked to increased mortality risk
- Need to identify risk factors & clinical signs

STUDY POPULATION
10,006 Children Screened

METHODS & APPROACH

Inclusion Criteria
Age 2-59 mo, WHO CAP illness <14 days

Exclusion Criteria
CXR unavailable
PCV-13 vaccinated

HYPOXIA DEFINITION
SpO₂ <90% or O₂ supplementation needed

ANALYSIS
Conditional Logistic Regression Model

KEY RESULTS

35.9%

of severe CAP had hypoxia
(2,580 / 7,196 eligible)

Risk Factors Identified:

Female gender Biomass fuel use
Wheezing Pallor Tachypnea
Malnutrition PEP±OI on CXR
Low pulse volume Danger signs

MORTALITY RISK

Adjusted Odds Ratio
2.36

95% Confidence Interval
1.42 - 3.92
Statistically Significant

CONCLUSIONS & IMPLICATIONS

- 1 ~1/3 of severe CAP cases have hypoxia
- 2 Hypoxia significantly increases mortality
- 3 Pallor & wheezing: novel clinical markers

KEY RECOMMENDATION
Pulse oximetry for ALL CAP cases at diagnosis

STUDY FLOW SUMMARY

10,006
Severe Pneumonia

7,196 (71.9%)
Eligible for Study

2,580 (35.9%)
Hypoxic Pneumonia

AOR: 2.36
Mortality Risk

ACTION
Pulse Oximetry

Awasthi S, Pandey AK; CAP Study Group. High post discharge mortality in children of severe pneumonia in two states of Northern India. *Lancet Reg Health Southeast Asia*. 2023 Dec 1;25:100334. doi: 10.1016/j.lansea.2023.100334. PMID: 39021477; PMCID: PMC467068.

Post-Discharge Mortality in Children with Community Acquired Pneumonia (CAP) in Northern India

BACKGROUND & PROBLEM

⚠️ CAP causes 14% of deaths in children <5 years globally

🎯 SDG Target: Reduce U5 mortality to 23/1000 by 2030

Current: 41.9/1000 (2021)

Gap: Post-discharge outcomes unknown

METHODS & APPROACH

CAP Surveillance Network (2015)

Telephonic Follow-up (2023)

Inclusion Criteria:

- Age: 2-59 months
- WHO-defined severe CAP
- Illness <14 days
- District resident
- Parental consent
- No prior CAP admission

Mean Follow-up: 9.91 (\pm 3.56) months

KEY FINDINGS

Hospitalized n=1,295

Analyzed n=934

Hospital Mortality
1.9%

Post-Discharge
3.5%

Re-hospitalized: 10.0% (93/934)

72.7% deaths within 3 months

RISK FACTORS FOR POST-DISCHARGE MORTALITY



Infants



Congenital Heart



Severe Malnutrition

Rural Residence

Radiological Pneumonia

IMPLICATIONS & RECOMMENDATIONS

Active Follow-up

Minimum 3 months post-discharge monitoring

Health Interventions

Child, maternal & household level support

Critical for achieving SDG targets

Study Limitation: 26.5% loss to follow-up (n=336)

PDM (3.5%) exceeds hospital mortality (1.9%)
Highlighting need for post-discharge care protocols

STUDY SITES

Lucknow
Uttar Pradesh

Etawah
Uttar Pradesh

Patna
Bihar

Darbhanga
Bihar

Awasthi S, Pandey AK, Mishra S; CAP Study Group. Identifying risk of death in children hospitalized with community-acquired pneumonia. *Bull World Health Organ.* 2023 Apr 1;101(4):281-289. doi: 10.2471/BLT.22.289000. Epub 2023 Feb 21. PMID: 37008263; PMCID: PMC10042094.



External Validation of PREPARE Tool

Risk Assessment for Pediatric Pneumonia Mortality

Northern India Hospital Surveillance Study (2015-2022)

BACKGROUND & PROBLEM

- Community-acquired pneumonia is a leading cause of child death
- PREPARE tool developed by WHO Pneumonia Research Partnership
- Need for external validation in different populations

Target: Children 2-59 months
with pulse oximetry assessment

METHODS & APPROACH

Hospital Surveillance
Jan 2015 - Feb 2022

Secondary Analysis
Northern India Data

Statistical Analysis

Multivariable backward stepwise logistic regression

PREPARE Variables Assessed:

Age, Sex, Weight-for-age, Respiratory rate,
Lethargy, Convulsions, Cyanosis, SpO₂

Cut-off scores tested: ≥ 3 , ≥ 4 , ≥ 5

RESULTS & FINDINGS

6,745

Children Analyzed
(61.6% of screened)

93

Deaths (1.4%)
Mortality Rate

Optimal Cut-off Score: ≥ 5

79.6%

Sensitivity

72.5%

Specificity

0.82

AUC

95% CI: 0.77-0.86



RISK FACTORS ASSOCIATED WITH DEATH

Age < 1 year

Female sex

Weight-for-age < -3 SD

High respiratory rate

Lethargy

Convulsions

Cyanosis

SpO₂ < 90%



CONCLUSIONS

- ✓ Good discriminatory ability
- ✓ Validated in Northern India
- ✓ Supports early referral decisions
- ✓ Applicable to children 2-59 months
- ✓ Requires pulse oximetry



CLINICAL IMPLICATIONS & IMPACT

Risk Stratification

Identify high-risk children for
prioritized care and monitoring

Early Referral

Support timely transfer to
higher-level healthcare facilities

Resource Allocation

Optimize healthcare resources in
low-resource settings

Awasthi S, Kumar D, Pandey A et al.

Prevalence of hypoxemia among sick children, aged under-five years, seeking healthcare at primary health facilities in Uttar Pradesh, India: an observational-cohort study

The Lancet Regional Health - Southeast Asia, 2025; 43



Hypoxemia in Sick Children at Rural Primary Health Facilities in Uttar Pradesh, India

Secondary Analysis from Cluster Randomized Trial | CTRI/2022/03/041325 | June 2022 - April 2023

n=23,560

BACKGROUND & PROBLEM

- ! Hypoxemia (low SpO₂) increases mortality risk
- IMNCI Guidelines: Refer at SpO₂ <90%
- ? Gap: Unknown prevalence & referral completion rates

Hypoxemia: SpO₂ <94% | Severe: <90%

METHODS & APPROACH

Day 0
Pulse Oximetry Assessment

Day 7 (+2)
Telephonic Follow-up

Study Design

- Secondary analysis of RCT
- Under-5 children
- Rural primary health facilities
- Uttar Pradesh

KEY RESULTS

Hypoxemia
1.3%
308/23,560

Severe
29.2%
90/308 of hypoxemic

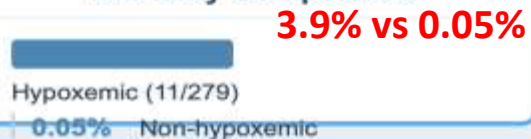
Referral Outcomes

Referred
27.9%

Completed
20.3%

CRITICAL FINDINGS & MORTALITY IMPACT

Mortality Comparison



Referral Cascade - Hypoxemic Children

308 Hypoxemic Children (100%)

86 Referred (27.9%)

16 Completed (20.3%)

Severe Hypoxemia

Referred: 46.7%
Completed: 23.8%

Follow-up Status

SpO₂ Available: **94.4%**
Lost: 9.4% (29/308)

IMPLICATIONS & CONCLUSIONS

1 Low Prevalence
Hypoxemia prevalence is low (1.3%) in rural primary care settings

2 Referral Gap
<1/3 hypoxemic referred; only 1 in 5 completed referral

3 Action Needed
Strengthen POx integration in primary healthcare facilities

Gaps in Management of CAP

- **Antibiotic Overuse:** Etiology mostly viral, yet > 90% of hospitalized children receive antibiotics; 1/4th antibiotics at home inappropriately.
- **Lack of Diagnostic Precision:** No single test can definitively differentiate bacterial from viral pneumonia, leading to empirical over-treatment. Relying on imaging (chest X-rays) for diagnosis can result in variability, with low utility for uncomplicated cases.
- **Guideline Inconsistency & Non-adherence:** High rates of variation exist in adherence to guidelines regarding the necessity of inpatient care, diagnostic tests, and treatment durations.
- **Unclear Management Protocols for Complications:** Evidence is lacking on optimal treatment durations for complex cases such as empyema or pleural effusion, often leading to prolonged, unnecessary intravenous antibiotic courses.
- **Vaccine Coverage & Risk Factors:** Inadequate coverage of effective vaccines and failure to address underlying risk factors like malnutrition, lack of breastfeeding, and indoor pollution contribute to the disease burden

Immediate Research Priorities

- **Procalcitonin (PCT) Usage:** Further study is needed to firmly implement PCT as a tool to guide antibiotic de-escalation.
- **Rapid Molecular Diagnostics:** More rapid, reliable diagnostics are required to differentiate pathogen types, reducing empirical treatment.
- **Outpatient Management:** Shifting toward "watchful waiting" for mild cases to decrease antibiotic exposure.
- **Standardized Protocols:** Developing and adhering to simple, evidence-based, local management algorithms

Thank you